## South Dakota Money Follows the Person

February 2014





### What is MFP?

- DHHS Demonstration Grant
- Designed to assist states to balance long-term care systems and help Medicaid enrollees transition from institutions to community
- ❖ MFP demonstration services were authorized by Congress in the Deficit Reduction Act of 2005; and extended by the Affordable Care Act of 2010





### South Dakota's MFP Overview

**Benchmarks** – What is our goal?

**Eligibility** – Who can we serve?

**Services** – What can we provide?

**Stages of Transition** – How will we get there?





### **SD MFP Benchmarks**

- 1. Projected number of eligible transitions
- 2. Increase in HCBS expenditures
- 3. Maintain transitions for at least one year
- 4. Participants treated how they want to be treated
- **5.** HCBS and LTC workforce services receive training on LTSS (long term supports and services) topics





## **SD MFP Eligibility**

- Is a South Dakota resident;
- Has been residing in a nursing facility, ICF/ID or other qualifying institution for more than 90 consecutive days;
- Meets Medicaid level of care and financial eligibility criteria at least one day prior to transition;
- Has at least one paid Medicaid day in a qualified institution;
- Will reside in qualified housing upon transition;
- ❖ Is willing to enroll in and can be supported in the community through the provision of an existing 1915(c)HCBS waiver; and
- Expresses a desire to live and receive services in a home and community based setting.



### **SD MFP Services**

- MFP participant would receive services as authorized by the appropriate HCBS 1915(c) waiver
  - ADLS Waiver
  - ASA Waiver elderly and disabled
  - CHOICES Waiver
  - Family Support
- Participant would also be eligible to receive MFP demonstration services as assessed by Transition Team





### **SD MFP Demonstration Services**

- Transition Services
- Non-Medical Transportation
- Assistive Technology
- Consumer Preparation
- Behavior Crisis Intervention





#### Enroll

- MFP Interview Questionnaire
- Quality of Life Survey
- Transitional Packets
- Transition Team
- Waivers
  - ASA
  - ADLS
  - Family Support 360
  - CHOICES

### Waiver and Demo Services:

- Transitioning
  - Housing \$1000
  - Essentials \$1500
- Transportation \$500
- Assistive Technology \$5150
- Consumer Prep \$300 (50 units/12.5 hours)
- Behavior Crisis Interventions \$2625 (\$105/hr for 25 hours)

#### **Follow Up**

- Quality of Life Survey again at:
  - 11 months
  - 24 months
- Continued Transition Cordinator and Demo Services 365 post transition

#### Outreach

- Brochures
- Website
- Presentations
- Medical Services newsletter
- ADRC services
- Referrals

Assess

Eligibility

Elderly

Disabled

• 18 and over

• 90+day stay

MDS Section Q

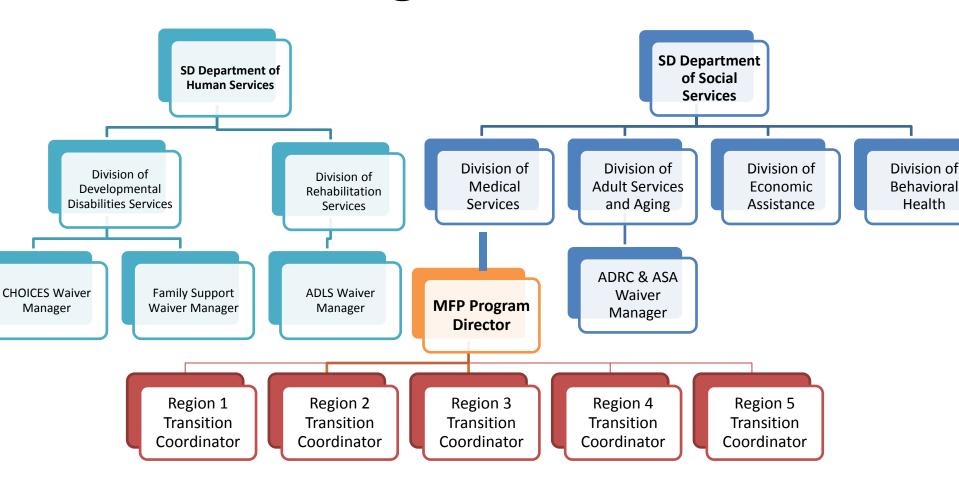
• Medicaid eligible

- SDDC
- Nursing Homes





# **SD MFP Organizational Chart**



### **Transition Coordinators:**



- ❖ Believe in the participant's ability to live in the community and committed to collaborating with all necessary resources to make this happen in a way that meets the participant's unique needs and preferences.
- Assist with arranging community-based services, securing living arrangements, setting up a home, and developing action plans that address potential risks.
- Accept referrals, initiate contact with potential MFP participants, interview and assess each individual, compile a transition team for that person, and assist with all stages of transition. Complete the Quality of Life surveys and document contact.

## **Transition Stages of SD MFP**



#### 1. Assessment Stage

Referral and Initial Assessment with Transition Coordinator



#### 2. Planning Stage

Participant working with Transition Coordinator and Transition Team to develop plan, identify housing, establish needed services



#### 3. Moving Stage

Participant relocates and HCBS begin



#### 4. At Home Stage

Ongoing follow-up with participant







## 1. Assessment Stage

- MFP Initial Interview Questionnaire
  - ✓ Meet eligibility requirements?
  - ✓ Interested in transitioning? (Wants/Needs and Behavioral Assessments)
  - ✓ Viable options to transition to?
- Informed Consent
- Identify Transition Team Members







## 2. Planning Stage

- Transition Care Plan
  - ✓ Identify all life domains and the potential associated risks
- Identify qualified housing
- Assess for services needed in the community /providers of services
- Create Risk Plan, including 24/7 Back up Plan







## 3. Moving Stage

- Complete Quality of Life (or Q of L) Survey prior to transition
- Discharge plan
- \* Assure actual transition proceeds smoothly







### 4. At Home Stage

- Follow up contacts
  - ✓ 2 days, 2 weeks, and 2 months
- Quality of Life surveys
  - ✓ Completed again at 11 and 24 months





.....MFP Bridge.....



From inside a Facility......



#### ...to Home in the Community



# Next Steps.....

- ❖Applications are due February 28<sup>th</sup>
- Anticipate award announcements and contract preparations in March
- Training for Transition Coordinators in April to be held in Pierre
- Continued outreach to potential referral sources





## **Questions??**





### **SD MFP Contact Information:**

www.dss.sd.gov/mfp

Sara Spisak, SD MFP Program Coordinator

Sara.Spisak@state.sd.us

605.367.4393



